



EQUINE SOUL SESSION

An on-farm mindfulness experience in
Prince Edward County

Leave the outside world at the gate and fall into the world of horse - a place of calm, connectedness and tranquility. With these gentle giants as your teachers, and Suzanne and Doreen as your guides, get to know a new side of The County while connecting with your present self. Enjoy a morning sharing deep connections through guided equine encounters with our hooved, whispering friends who are known for tapping into human emotion in a big way. Walk in our quiet woods and cap things off with local food around a campfire. Leave feeling rested, connected and ready to explore The County.



This experience must be booked in advance. Sessions can accommodate up to 6 adults. Contact us for family sessions or larger groups!

\$250 pp // up to 6 people
\$475 pp // 2 people

Fall 2021 Dates

9am - 1pm
Alternating Fridays / Saturdays in
September and October. See
website for dates and details.

This experience takes place under the canopy of nature. Please dress for the weather and wear boots that don't mind poop or mud.



Questions? Get in touch!
Heal with Horses Therapeutic Centre
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Book Online! HealWithHorses.ca